

# CELEBRATION OF 9<sup>TH</sup> AYURVEDA DAY 29<sup>TH</sup> OCTOBER, 2024



#### Celebration of 9th Ayurveda Day - 2024



The Government of India vide its notification published in Gazette of India, Extra ordinary Part I dated **01st June, 2017**, has resolved to celebrate "**Ayurveda Day**" every year on the auspicious day of '**Dhanwantari Jayanti** – **Dhanteras**' since **2016** in Whole of Government approach.

This year the 9<sup>th</sup> Ayurveda day falls on **29<sup>th</sup> October**, **2024**.



#### **Ayurveda Day – Themes**



Ministry of Ayush chose different themes every year for Ayurveda day, to address different health issues





#### **Ayurveda Day Celebrations**



- Dr. Jitendra Singh, Hon'ble MoS, PMO
- Shri Shripad Yesso Naik Hon'ble MoS (IC) for

2016 New Delhi



• Shri Narendra Modi, Hon'ble Prime Minister

2017 New Delhi



- Dr. Harsh Vardhan, Hon'ble Minister, Health and Family Welfare
- Shri Shripad Yesso Naik Hon'ble

2018 New Delhi



- Shri Om Birla, Hon'ble Speaker, Lok Sabha
- Shri Shripad Yesso Naik , Hon'ble MoS (IC) for

2019

Jaipuı



- Due to Covid-19 celebrated virtually
- •Shri Sarbananda Sonowal, Hon'ble Minister of Ayush
- •Dr. Munjpara Mahendrabhai Kalubhai, Hon'ble MoS Ayush
- •Dr. Raghu Sharma, Hon'ble Minister for Medical Education, Health and Indian Systems of Medicine Govt

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New Delhi



- •Shri Arjun Munda, Hon'ble Minister of Tribal Affairs;
- •Shri Sarbananda Sonowal, Hon'ble Minister of Ayush;
- •Smt. Meenakshi Lekhi, Hon'ble Minister of State of External Affairs & Culture;
- •Dr. Munjpara Mahendrabhai

2022

New Delhi



- Shri Sarbananda Sonowal, Hon'ble Union Minister, Ministry of Ayush
- Dr. Munjpara Mahendrabhai Hon'ble Minister of State, Ministry of Ayush
- Shri Gyan Chand Gupta

2023

Panchkula

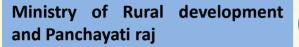


2020 New Delhi



#### **Inter-ministerial collaboration**





1

**Ministry of Education** 

2

Ministry of Information & Broadcasting.

3

Ministry of Health & Family Welfare

4

Ministry of Electronics & Information Technology



Ministry of Ayush Government of India Ministry of Railways

Ministry of Civil Aviation.

Ministry of Women & Child

Development

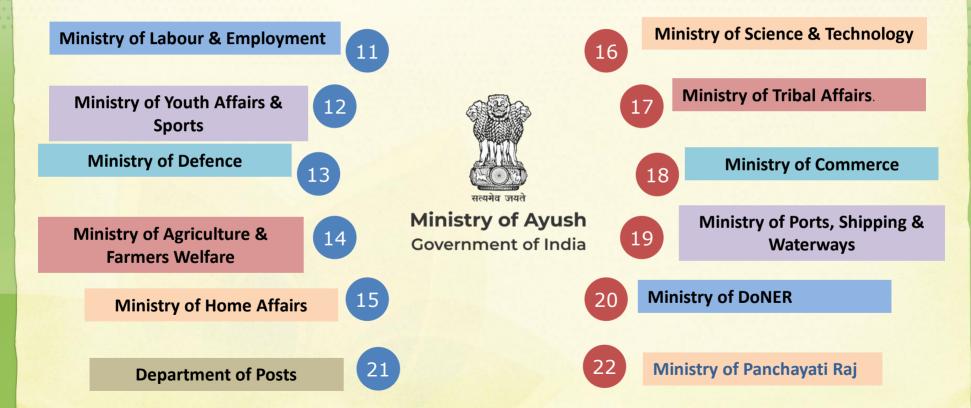
9 Ministry of Tourism

10 Ministry of External Affairs



#### **Inter-ministerial collaboration**





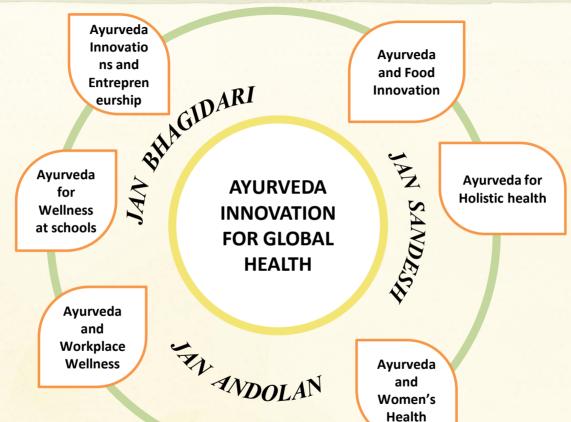








# Program overview





#### **JAN SANDESH**



- Social Media promotion. Authentic Tweet Bank & Hashtags.
- Messages from iconic cultural personalities
- SMS campaign/Caller tunes on mobile and landline.
- Publicity material on Ayurveda.
- Radio Jingles/TV spots/ Amplification through Community Radio./ FM Channels/
  Short Films / Hoardings/ LED Display/ Youtube Shots/ Print Advertisements
- E-Folder



#### **JAN BHAGIDARI**



- Prakriti Parikshan at community level.
- Ayurveda Navapravartan Samvaad: Entrepreneurial Sensitization programs for Ayurveda Students, practitioners, academicians, and startup enthusiasts
- Organizing Institutional Level Idea hackathons and Start-up expos.
- Promoting participation in Grand Ayurveda
  Startup Challenge
- Identifying and Promoting women entrepreneurs, tribals, Indigenous and ethnic groups MSMEs/entrepreneurs.

- Fostering collaborations between Academics & industries.
- School outreach programs
- Quiz/ Competition on MyGov and Ayush Campaign Portal
- Ayurveda food festival
- Cultural Events featuring Ayurveda
- Engaging Community Service Centres (CSCs)/ Community Health Centres (CHCs)/ Health and Wellness Centres (HWCs)
- Ayurvedic Health and Wellness Fair: showcasing Ayurveda innovations and wellness solutions
- Wellness camps.



#### JAN AANDOLAN



- Promotion of Innovative Ayurveda Startups
  - Promotion of Ayurveda Food Festivals
    - Lifestyle advisories
      - Selfie points



#### Theme of 9th Ayurveda Day – 2024



# 'Ayurveda Innovation for Global Health' 'वैश्विक स्वास्थ्य के लिए आयुर्वेद नवाचार'

**Nodal Institution** – All India Institute of Ayurveda, New Delhi.

**Main event** is proposed to be celebrated at AIIA, New Delhi on 29<sup>th</sup> October, 2024

Curtain Raiser: 27th September, 2024 by Hon'ble MoS (IC) for Ayush



#### **NEED**



#### **Innovation in Ayurveda is Essential**

To combat the global health challenges

Non-communicable diseases,
Anti-microbial resistance,
Climate change, Geriatric health,
Mental Health, Nutritional
disorders, etc.

To focus on disease prevention and promotion of health

To achieve the vision of Sustainable Development Goals & Universal Health Coverage



### **Ayurveda Innovation for Global Health**



To encourage innovation among the Scientists of Ayurveda and contemporary sciences

Ayurgyan scheme – Research and Innovation and Ayurveda Biology

Centre of
Excellence
(CoE)
component of
Ayurswasthya
yojana scheme

National Ayush Research Consortium

Initiatives of Ministry of Ayush

National
Medicinal
Plant Board
(NMPB) had
developed 104
Agrotechniques

Ayushinformatics, Startup and Hackathon

Digital initiatives: Ayush Grid, AHMIS, NAMSTE portal, Ayush Research Portal, TKDL To position
Ayurveda
Globally as the
leader of
Traditional
Medicine



#### Global Promotion of Ayurveda



Ayurveda as Traditional system of Medicine is legally recognized in 24 countries



Traditionally Medicine Forums have been established through multi-lateral engagements

SCO Expert Working Group on Traditional Medicine BIMSTEC Taskforce on Traditional Medicine (BTFTM) BRICS High Level Forum on Traditional Medicine



Ayurveda products are exported to more than 100 countries

The morbidity codes of Ayurveda, Siddha and Unani are now included in ICD-11 TM Module 2

WHO benchmarks for Practice & Training in Ayurveda

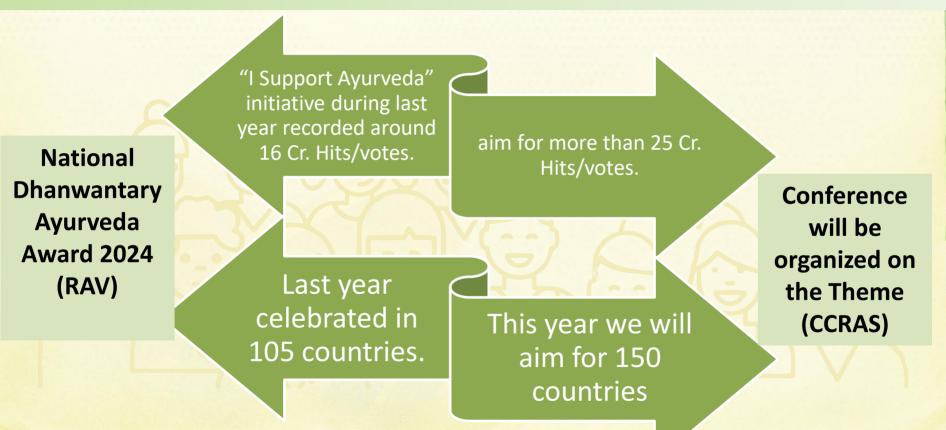
Global Traditional Medicine Centre (GTMC) at Jamnagar, Gujarat



# Micro Website: (<a href="https://ayurvedaday.org.in/">https://ayurvedaday.org.in/</a>).



All the activities pertaining to Ayurveda day have to be uploaded by various stakeholders





# Themes to Celebrate and Weekly Events for Jan Bhagidari



- Ayurveda and Women's Health
- Ayurveda Innovations and Entrepreneurship
- Ayurveda and Workplace Wellness
- Ayurveda for Wellness at schools
- Ayurveda Ahara and Innovations



#### **Ayurveda for Women's Health**



- Holistic Approach of Ayurveda towards women's health
- Benefits of Ayurveda for women's health
- Dietary and lifestyle guidelines for women
- Addressing common women's health issues through
   Ayurveda
- Innovative Health solutions in Ayurveda for women



# Ayurveda Innovations and Entrepreneurship



- Understanding business opportunities in Ayurveda
- Entrepreneurship and entrepreneurial mindset
- Entrepreneurship and Innovation Ecosystem in India
- Building an idea
- Stages of start-ups
- Funding opportunities
- Legal compliance



#### **Ayurveda for Workplace Wellness**



- Ayurveda principles for physical and mental health
- Most common health issues at workplaces
- Managing Fatigue, Enhancing Energy Levels, and increasing productivity through Ayurvedic techniques
- Stress management and maintaining workplace harmony through Mindfulness, Meditation, and Yoga
- Rasayanas for Workplace Wellness
- Implementation of Health innovations at Work-place



#### **Ayurveda for Wellness at Schools**



- Building Healthy habits in children through Ayurvedic dinacharya
- Personalized Ayurvedic nutrition for children
- Immunity boosting in children through Ayurveda



#### **Ayurveda Ahara and Innovations**



- Principles of Ayurveda Aahar
- Ayurveda culinary techniques
- Food innovations inspired by Ayurveda/Examples of Food Innovations in Ayurveda
- Blending Traditional Ayurvedic principles with modern culinary techniques



# **Grand Ayurveda Start-Up Challenge**2024-25



The Ministry of Ayush, in collaboration with All India Institute of Ayurveda, Start-up India and Invest India, shall organize Grand Ayurveda Start-Up Challenge 2024-25.

#### **Objective:**

Promote the integration of Ayurveda into mainstream healthcare through start-up innovation.

Encourage research-driven start-ups that blend ancient Ayurvedic knowledge with modern technologies.

Award and Funding Support: Winning start-ups will receive seed funding, incubation opportunities.



## Ayurveda Navapravartana



**OBJECTIVES** 

Building Awareness, Skill Development, Networking Opportunities & Inspiring Innovation among Ayurveda Stakeholders

**TARGET** 

Ayurveda Students, Practitioners and Academics & Startup Enthusiasts

**Activities** 

1. Ayurveda Navapravartana Samvad (Sensitization webinars)-Approx 30,000 stakeholders2. Ayurveda Navapravarthan Idea Hackathon

Ayurveda **Navapravarthan Idea Hackathon** 

(3 top ideas from each Institute/College)

Top "101" Ideas selected

Pre-incubation program at AIIA & its partners



### **Ayurveda Day Count-down Activities**



Create a Countdown Calendar for Activities

Daily Update on Micro-website on www.ayurvedaday.org.in

Social Media Count down - Share daily updates about the event on social media.

Use a unique hashtag to engage

#AyurvedaDay2024

#CelebrateAyurveda

#AyurvedaForHealth

#AyurvedaInnovationsForGlobalHealth



सत्यमेव जयते Ministry of Ayush Government of India

## THANK YOU



www.ayurvedaday.org.in

