

## TITLE OF THE COURSE : MAULIKA SIDDHANTA EVUM ASHTANGA HRIDAYA

(BASIC PRINCIPLES AND ASHTANGA HRIDAYA- AN ANCIENT TEXT OF AYURVEDA)

### COURSE OUTCOME – UG

#### A Student should be able to :

1. Demonstrate Ayurvedic concepts like, dosha-dhatu-mala, ahar , vihar etc mentioned in Ashtang Hridaya.
2. Give advice for Health and lifestyle management through Dinacharya, Rutucharya, Sadvrutta etc.
3. Select appropriate Panchakarma procedures in healthy and diseased conditions.
4. Practice pure Ayurvedic treatment.

#### Analysis of Course Outcomes -

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	
							Average
CO1	3	2	2	2	0	1	1.6
CO2	3	2	2	2	0	1	1.6
CO3	3	3	3	2	2	2	2.33
CO4	3	3	2	2	2	2	2.33
Average	3	2.5	2.55	2	1	1.8	