

'AYURDHANAM'

News Letter

MAY 2016



Dr. D. Y. Patil College of Ayurved and Research Centre

Pimpri, Pune-411018



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World Environment Day

June 5 is observed as World Environment Day (WED) since 1974. Organized by United Nations Environment Programme, the commemoration is aimed at creating awareness on the need to protect our environment.

NOW OR NEVER

Have you heard of the story of a boiling frog? A frog when placed in cold water that is slowly heated, it would not realise the danger and would get slowly cooked to death.

Similarly, we do not react to threat that is to occur, even if we are aware of it. And by the time we are in actual danger and try to react, it would be too late. The same can be applied to our response towards global warming.

Earth is warming like never before. The last seven months smashed temperature records emerging as the hottest periods ever. Countries around the world witness extreme climatic conditions and consequent damages to life and livelihood. One would not require any more evidences to come to terms with the fact that global warming and climate change are happening right now; right here and that they are not things of the future. Scientists call the situation ‘a climate emergency’ and warn that we are running out of time to bring emission under control.

While it seems terrifying, we can take comfort in the fact that 177 countries have acknowledged the impending danger and have signed the Paris Climate Deal aimed at holding the increase in the global average temperature to well below 2 °C above pre-industrial levels and to pursue efforts to limit the temperature increase to 1.5 °C above pre-industrial levels.

Meanwhile, we, as individuals, can do our bit to take care of Nature and Earth in our own simple way. And what better time to start than on the World Environment Day!



THE THEME

WED 2016 is themed on the illegal trade in wildlife under the slogan 'Go Wild for Life'. Thousands of animals such as elephants, rhinoceros, tigers, turtles, snakes, pangolins, gorillas and hornbills are killed every year for their skin, horns and bones. Some are captured alive or dead and sold for use as pets, in medicine, food, making of ornaments and other products. Birds, amphibians, reptiles and marine animals also face the problem. The trade not only erodes the biodiversity, but also drives species into extinction. For instance, Javan rhino and Great apes have gone extinct in mainly due to poaching. Stronger policies and awareness can help tackle the problem.

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Plantation Program



6th June 2016.

Dravayaguna Department of Dr. D. Y. Patil college of Ayurved & Research centre, Pimpri, Pune arranged plantation on the occasion of World Environment Day.

Ayurvedic plants like Putranjivak, Bahava, Pasushale, punnag planted in Herbal garden by the students and staff.

Incharge Principal Dr. Arati Dubewar, Dr. Nilima Ghangle, Dr. Abhijeet Shirkande graced the occasion.

Celebration of International Yoga Day

Yoga Rally was arranged on 20th June 2016 at Mahesh Nagar, Neharu Nagar, DPU Campus to aware & educate the general public. Students, Teaching, & Non Teaching staffs participated in this Rally.





Morning Yoga Session

was arranged at D. Y. Patil Ayurved College ground at 7:00 am to 8:00 am,

Mr. Abhishek Kadam guided & demonstrate the yoga.

Total 110 participants' practiced yoga schedule



Suryanamaskar (Yoga) Competition was arranged at yoga hall on 21st June between 9:00 am to 10:00am. Total 85 candidates' participates in this competition. Best 3 participants get awarded. (certificate, Medal & Trophy)



Yoga Rangoli Competition was organized between 10:00 am. To 11:00 am. Total 18 candidates participated in this competition. Best 3 participants were awarded (Certificate, Medal & Trophy).



Special Guest Lecture was organized on 21st June at 11:00 am. for general public on topic **Yoga-Pranayam & Stress Management** by Mrs. Anupama Prabhune





Meditation workshop was arranged for students & staffs by Heart fullness N.G.O. Mr. Suhas Kulkarni conducted the sessions.



10th June 2016 MUHS Foundation day Celebration

Dr.D.Y.Patil College of Ayurved R.C.Pimpri ,Pune arranged various Programm on 10th June 2016 on the occasion of MUHS Foundation day Celebration.



**Health checkup
camp at
Arudewadi,
Rajagurunagar,
Khed, Dist Pune
arranged. Total 180
beneficiaries at
Heath Checkup
camp.**



Blood Donation Camp carried out at same place 50 bottles blood collected and Stored at Dr. D. y. Patil blood bank.



Flag Hosting done by NSS Unit of Dr. D.y patil ayurved collage according to MUHS rules and regulation. All students and teaching, Non teaching staff present for this events.



Health Awareness lecture about ‘Eye Donation’ importance by Dr Neelima Amrute and ‘panchakarma importance’ by Dr. Mamata Nakade was Arranged for General public.



Workshop on Cervical Cancer



Department of streerog-prasuti tantra organized a one day workshop on “Awarness of Cervical Cancer”.

Date :- 25/06/2016

Senior eminent Dr. Radhika Joshi M.B.B.S., D.G.O. was a trainer for the same.

She delivered an informative lecture as well as gave demonstration of cryosurgery in cervical erosion.

