

'AYURDHANAM'

News Letter

May - August 2019

DPU

Dr. D. Y. Patil College of Ayurved and Research Centre

Pimpri, Pune-411018



Editorial Board

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Anti Terrorism Day

The N.S.S. Unit of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune conducted Anti-terrorism day on 28/05/2019 at Phulenagar - Pawana road. In this program, 42 N.S.S. volunteers along with 03 Teaching Staff were present. Dr Prakash Mane addressed the people of phulenagar and told them effects of terrorism in society. For peace they took oath that they will not support terrorist activities and that all religions want peace and harmony.



World Environment Day :TREE PLANTATION



On the occasion of World environment Day, a Tree Plantation programme was organised by Dravyaguna Dept on 6/6/2019.

Tree plantation was done by the auspicious hands of Dr. Gunvant Yeola (Principal), Dr B. P.Pandey (Advisor) and II B.A.M.S student Sagar Patil.

Dr. Gunvant Yeola (Principal) guided students about the awareness of environment and how to prevent air pollution.

Bilva, Amalaki, Gambhari, Aragvadh, Jeevanti plants were planted at the Herbal Garden (Part B) of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri,Pune. Total 60students were present.

Dr. J. V. Changade (HOD), Dr. Nilima A.Ghangale (Asso.Prof.), Dr. Harsha A.Thanvi (Asst.Prof.) were present.

World Sickle Cell Anemia Day



On the occasion of World Sickle Cell Anemia Day, IQAC & Department of Kayachikitsa of Dr. D. Y. Patil College of Ayurved & Research, Centre, Pimpri, Pune-18, arranged a guest lecture on Sickle Cell Anemia on 20/06/2019 for all PG & UG students and teaching staff. The lecture was given by Padmashree Awardee Dr. S. L. Kate Sir.

Dr. Gunvant Yeola (Principal) welcomed Dr. S. L. Kate & Dr. Prashant Khade (Vice Principal) welcomed Dr. Girish Kulkarni (Sickle cell team member & Asso.Prof. of Rachana Sharir Department of S.S.A.M, Hadapsar, Pune).

Dr. S. L. Kate spoke about awareness of sickle cell Anemia and its Ayurvedic management.

Dr. Girish kulkarni also explained the importance of diagnosis and preventive aspects of Sickle cell Anemia and explained the importance of Marriage counseling.

The lecture was concluded by Dr. Gunvant Yeola. Total 102 students and 15 teaching staff attended the lecture.



International-Yoga-Day-Celebration

International Yoga Day was celebrated as per instructions from Directorate of AYUSH and as directed by the Registrar, Dr. D. Y. Patil Vidyapeeth, (Deemed to be University) Pimpri, Pune.

Dr. D. Y. Patil College of Ayurveda and Research Center, Pimpri, Pune and Department of Swasthavritta and Yoga conducted a “Yoga Week Program” from 14 June to 21 June 2019 & Celebrated 5th International Yoga Day on 21st June 2019.

Various events were organized during this week like:

1. **Morning yoga session** was conducted on 21st June as per the protocol given by Ministry of AYUSH, New Delhi. Yoga session was inaugurated by Mayor of Pimpri-Chinchwad, Hon. Shri. Rahul Jadhav at 7.15 a.m in the presence of Vice Chancellor DPU Dr. N. J. Pawar and all the deans, faculty, students of constituent's college of DPU. Brief introduction of yoga day & details of yoga week celebration was given by Dr. Santosh Kamble. The Session started at 7.30 a.m. and was demonstrated by Mr. Abhishek Kadam
2. **Free Yoga OPD:** Free Yoga OPD for all the OPD patients for 7 days from 14 June to 21 June 2019 from 9 am to 4 pm at Swasthavritta and Yoga OPD of Dr. D. Y. Patil College of Ayurveda Hospital and Research Center, Pimpri, Pune. Total 87 Patients were benefited.
3. **Free Yoga Classes:** Free Yoga Classes for all IPD patients from 3rd June to 21 June 2019 from 7 am to 8 am in Yoga Hall of Dr. D. Y. Patil College of Ayurveda Hospital and Research Center, Pimpri, Pune. Total 114 numbers of Patients were benefited.
4. **Essay Competition** – Yoga for all. Total 28 people participated in it.
5. **Yoga Poster Competition** – total 26 participants
6. **Guest Lecture** was organized on Stress Management by Dr. Vikas Chothe (QCI Certified Yoga Trainer)



Ayurwhiz Himalaya Quiz Competition



The Himalaya Drug Company organized Ayurwhiz quiz competition on 2nd July 2019 in collaboration with AyurDharm Alumni Association of Dr. D. Y. Patil College of Ayurved & R. C. Pimpri, Pune.

Final year BAMS students & Interns participated in the competition. The first scrutiny round completed with 10 finalists. Various interesting rounds were organized for the participants which included audio and visual questions. There were certain questions session for the audience also.

Our final year students Ms. Rutuja Bhosure & Ms. Rutuja Khuspe won the quiz by securing highest score while Intern Dr. Sagar Dherange & Dr. Nilam Sambre stood 1st runner up. All the participants were awarded a certificate of participation & a gift of appreciation by the hands of Dr. Guntant Yeola, Principal of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri-Pune. The winners were selected for the state-level quiz competition to be conducted ahead.

Dr. Dushyant Patil, Assi. Professor of Kriya Sharir Department organized the quiz competition under the guidance of Dr. Prashant Khade (Vice Principal) Dr. Guntant Yeola (Principal).

Zonal manager, Mr. Vivek Kaul, Regional manager Mr. Hariprasad Shelke, Medical Representative Dr. Prakriti Sharma & Mr. Atish Gagre were present on behalf of Himalaya Drug Company.

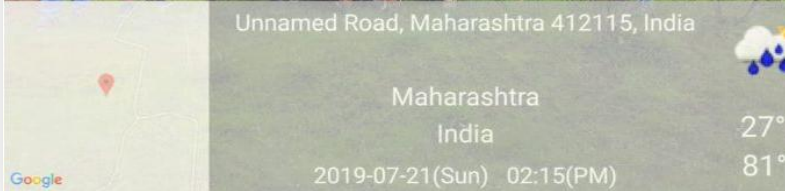
Tree Plantation

A Tree plantation activity was organized on Wednesday 3 July 2019, by Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune in Collaboration with NAAM foundation along with Green Thumb Association at Khadakwasala . Total 186 Ayurvedic Plants were planted at the backwater of Khadakwasla Dam by 40 final year BAMS Students and 4 faculties.

25 Plants were donated by Dr. Dipankar and Dr. Atul Patil. 18 plants by Dr. Rajpal. 10 plants each were donated by Dr. Babar, Dr. Khade, Dr. Rohani, Dr. Abhijit Ghadge, and some plants were donated by Social Organization and Dravyagun Dept. of our College.



Tree Plantation



A plantation event was organized on Sunday 21st July 2019 by Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune - 18 in Collaboration with Bhugol foundation and Forest Dept. Maharashtra, at Pachane & Pusane village. Total 1200 Ayurvedic Plants were planted at the backwater of Kasarsai Dam in the village Pachane & Pusane by Dr. D.G. Dipankar and 15 final year BAMS Students. 500 Plants were planted at Pusane village & 700 at Pachane village.

CHARAK CHINTAN

Samskruta Samhita Siddhanta department of Dr. D. Y. Patil College of Ayurveda & Research Centre, Pimpri, Pune – 18 organized 'Charaka Chintana', a National level workshop on Nidan sthana & Vimana sthana from 19 to 23 August 2019. The program was inaugurated by Guest Speaker Vd. Swati Kulkarni in the presence of respected Principal Dr. Gunvant Yeola and Advisor Dr. B. P.Pandey.

The main motto of organizing this workshop was to encourage PG and UG students to be able to read and understand the basics of Ayurveda from original text i.e. Charaka Samhita.

Expert Vaidya's (Ayurved Practitioners) namely Vd. Swati Kulkarni, Vd. Rasik Pawaskar, Vd. Shrirang Galgali, Vd. Prama Joshi and Vd. Shashikant Kshirasagar elaborated how to read Samhitas/Original texts of Ayurved. Explanations of important shlokas concerned with practice were given in these precious five days to students and vaidyas by the expert Resource persons. All the participants were blessed with fruitful knowledge.



Organ Donation Awareness Week Celebration



An Organ Donation Awareness Week was celebrated by Department of Rachana Sharir & NSS Wing of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune -18. It was organized as per directives of Directorate of AYUSH, New Delhi & MUHS, Nashik for awareness in students, faculty members and the society in general. As a part of this from various activities on organ donation were organized from 27/08/2019 to 03/09/2019.

- Drawing competition with the theme of organ donation on 28/08/2019
- Essay competition with the theme of organ donation on 29/08/2019
- Organ donation awareness rally on 30/08/2019

Faculty Visit to Brazil for propagation of Ayurved

Prof. Dr. Gunvant Yeola (Principal & HOD, Department of Kayachikitsa) visited Brazil for propagation of Ayurved from 7th July to 6th August, 2019.

He visited Uberlandia, Brasilia, Sao Paulo, Rio de Janerio, Belo Horizonte cities for lectures/seminar on specialized topics of Ayurved namely Concept of Ayurvedic Physiology, Ayurvedic Psychology, Diagnostic Concepts (Pariksha) in Ayurved, Dravya Guna Vignana (concepts of pharmacology and medicinal plants) and Panchakarma in Ayurved

