

'AYURDHANAM'

News Letter

Sept – DEC 2019

DPU

Dr. D. Y. Patil College of Ayurved and Research Centre

Pimpri, Pune-411018



Editorial Board

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Guest lecture on Transcendental Meditation (TM)

A Guest lecture is organized by Dept. of Kayachikitsa on Transcendental Meditation (TM), 09th September 2019 from 2.00 pm to 4.00 pm. The guest lecture is conducted by Dr. Girishji Momaya, Director of International Maharishi Ayurveda Foundation, The Netherlands, Prof. Dr. Yeola introduced him. Dr. Girishji Momayais having practical experience in intensive courses in the system of Yoga including Maharishi Mahesh Yogis Transcendental Meditation. The workshop is attended by Faculties, Postgraduate scholars, Ph.D. scholars, interns, and UG students.

The guest lecture very successful to get knowledge of Transcendental meditation and related research carried out in different countries on different groups. It is scheduled to enhance the skills of faculties, Postgraduate scholars, Ph. D. scholars and UG students about this unique meditation technique. Also, a lot of Research about Transcendental Meditation is going on in Maharishi European Research University (MERU) and Maharishi University of Management, Fairfield, Iowa, USA. This research work is presented by him. The guest lecturers followed by question & answer session.

The guest lecture is attended by 30 faculties and 90 students including Ph.D. scholars, PG scholars, Interns, UG students. Felicitations of Dr. Girishji Momayais done by Prof. Dr. Bhrigupati Pandey sir (Advisor) in the presence of Dr. Subhash Ranade - Chairman and Dr. Sunanda Ranade - Vice Chairman of International Academy of Ayurved and Principal and HOD of Kayachikitsa Prof Dr. Gunvant Yeola.

Dr. D.G. Dipankar expresses the vote of thanks. The guest lecture ends on a positive note.



Tree Plantation Programme



N.S.S. Unit of Dr. D.Y. Patil College of Ayurved & Research Centre, Pimpri conducted a Tree plantation programme at College Campus on 15/09/2014
In this programme, 20 NSS volunteers worked hard and planted 60 medicinal plants. The Principal along with teaching staff were present for this program.



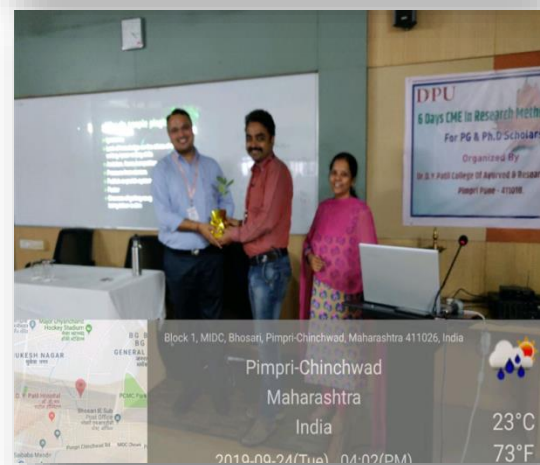
World Patient Safety Day



Department of Shalakya Tantra of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune-18 organized "World Patient Safety Day" programme on 20 September 2019. Introductory Speech on World Patient Safety Day was given by Dr. Pallavi Jagtap. Pledge about Patient's Safety was read by Dr. Megha Tidke (PG student). Dr. Nilima Amrute also guided about importance of patient's safety. Posters were made by PG students & displayed at the entrance of the hospital. Dr. G. H. Yeola (Principal) and Hon. Dr. Mrs. Smita Jadhav (Trustee/ Executive Director, DPU) expressed thoughts regarding the patient's safety. For this event Hon. Dr. Mrs. Smita Jadhav (Trustee/ Executive Director, DPU), Dr. Ramesh Bhonde, Dr. B. P. Pandey (Advisor), Dr. G. H. Yeola (Principal), Dr. Prashant Khade (Vice Principal), Dr. Pruthviraj Ugale (DMS). along with Teaching, Non-teaching, Paramedical Staff, UG, PG Students were present. A total of 148 persons which includes teaching faculty members, non-teaching staff, hospital staff, patients & students were present for this program.

Research Methodology CME-2019

A six days Research CME was planned & organized by Dr. D. Y. Patil College Of Ayurved & Research Centre Pimpri Pune -18 from 23rd - 28th of Sep.2019 with the following members as organizing committee - Dr. Neeta Mahesekar - Ph.D. Convenor, Dr. Digambar Dipankar - P.G. Convenor, Dr. Amol Waghmare, Dr. Ashwin Shete, Dr. Shubhangi Karanje. The eminent speakers were Dr. M. Joshi, Dr. J. Gavali, Mr. Mhaske, Mr. Avinash Thakur, Dr. Swati G., Dr. C.Raut, Dr. G. Yeola, Dr. V.Undale, Dr. J. Langde, Dr. A.Desale, Dr. S. Chaturvedi, Dr. G. Ganu delivered lectures covering all the topics of Pre Ph.D.& P.G. syllabus for research methodology. Five hours daily schedule was planned inclusive half-hour of group activity. Daily two speakers delivered lectures in the morning and afternoon sessions comprising of two and half hours duration. The schedule was planned to take into consideration to cover the whole of Pre Ph.D.& P.G. syllabus for research methodology. The session was inaugurated by Dr. N.J. Pawar the Vice-chancellor of Dr. D. Y. Patil University, in the presence of Registrar of D.P.U. Dr. A.N. Suryakar, Advisor Dr. B.P. Pandey, Principal Dr. Gunvant Yeola, Vice-principal Dr. Prashant Khade with lamp lightening and lord Dhanvantari Blessings. Principal Dr. Gunvant Yeola welcomed all resource persons and delegates with his warm speech. Total beneficiaries were -55, Ph.D. scholars -28; P.G scholars-27 All group activity during the workshop benefited to all participants. It helped to clear their ideas. All the sessions were very good. We conducted pre and post-test we find improvement in score in the post-test. The best part of the workshop was Group Activities in which the participant involved in a group activity with their different ideas and knowledge. Feedback was collected for each lecture and the scholars attending were happy and satisfied to benefit from the CME. Principal Dr. Gunvant Yeola, Vice-principal Dr. P. Khade, Guest Dr. Gayatri Ganu director of MPREX Co. delivered a Valedictory speech along with certificate distribution among the Scholars.



World Deaf Day Celebration



A programme was arranged on the occasion of World Deaf Day in premises of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune – 18, by Department of Shalakyta Tantra on 28/09/2019. Introductory remarks were made by Dr. Pallavi Jagtap to bring awareness among community about deafness. A Speech on World Deaf Day was given by Dr. Tejaswi Bamane (PG II year student). Dr. G. H. Yeola (Principal), Dr. Khade (Vice Principal), Dr. Chandurkar, Dr. Dipankar were present for this program. Dr. G. H. Yeola (Principal) expressed his thoughts regarding World Deaf Day. Posters were made by IInd Year PG students (Dr. Megha Tidke, Dr. Sujeet Patil, Dr. Renuka kolhe, Dr. Tejaswi Bamane), Interns - (Snehal Jivne, Shalaka Karade, Dhananjay Jori, Ganesh Rachalwar). IVth year student(Akshay Shejul). Total 145 people were present for this programme.



World Sight Day



Shalakyatantra Department of Dr. D. Y. Patil College of Ayurved & Research Centre Pimpri, Pune-18 celebrated World Sight Day program on 10th October 2019 to bring Awareness among community about Blindness of patients.

Introductory remarks on World Sight Day were given by Dr. Pallavi Jagtap. A speech on world sight day was given by Dr. Sujeet Patil. (PG student). Dr. G. H. Yeola (Principal), Dr. Khade (Vice Principal) also

expressed their thoughts about World Sight Day. Dr. Nilima Amrute also guided about importance of Eye care of patient.

Posters were made by 1st year PG Students. On this occasion, a role play about Awareness and prevention of blindness was performed by students in Hospital premises for patients and other attendees.

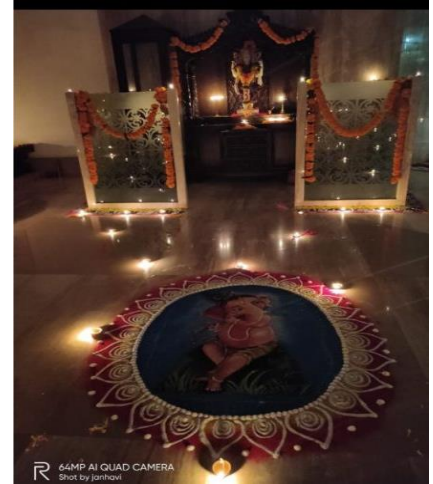
Total 150 people were present for the World Sight day celebration.



Deepotsav 2019

Deepotsav' was celebrated in the premises of Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune- 18 on the by all students and the student council committee on 18th October 2019 at 3pm. On the occasion of Diwali. The event started with the prayer of Lord Dhanvantari and Deep prajwalan by Dr. B. P. Pandey (Advisor), Dr. Gunvant Yeola (Principal), Dr. Prashant Khade (Vice- Principal), Dr. Jose Rugue (Director of shuddha dharma mandal ,Brazil) & all committee members. The anchoring was done by Miss. Pranjal Kale(cultural secretary). The program

started with the views about Deepotsav by Miss. Varsha Pathare (General secretary) & Mr. Shubham Sangle. A Rangoli dedicated to Kolhapur floods & Chandrayan-2 was presented by Miss Snehal Gaikwad and Miss. Chetana Patil respectively. Overall, the Programme consisted of - - Floral decoration - Various Rangoli's by students on different themes - Deepostav at 7 PM Thereafter, views related to deepostasav were given by Dr. G. H. Yeola (Principal) in his speech. Later, Dr. Prashant Khade (Vice Principal) admired the event in his speech. The Programme ended with vote of thanks by Miss. Mugdha Phadake. The Programme was conducted under the guidance of student council committee & BAMS III/II batch.



World Bioethics Day



Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune-18 and students council committee of the college celebrated Bioethics Day on 19th October 2019 at 3 pm. The event started with the prayer of Lord Dhanvantari, Deepprajwalan by Dr. B. P. Pandey (Advisor), Dr. Gunvant Yeola (Principal), Dr. Prashant Khade (Vice-Principal), Dr. Jose Rugue (Director of Shuddha Dharma Mandal, Brazil) and committee members. The theme of Bioethics day was cultural diversity in the world. Anchoring was done by Pranjal Kale. Dr. Jayashree Patil presented the general rules of Bioethics. The views related to bioethics was also given by PG student Dr. Payal Wavhal. Rangoli and poster competition was organized. U.G. and P.G. Students participated in this competition.

Pratiksha More and their group secured 1st prize in rangoli competition. Ritika Sanghavi and Latakumari Choudhari received the 1st prize in the poster competition. The speech was given by Dr. G. H. Yeola (Principal) for admiring students for a nicely organized event on the occasion of Bioethics day. The entire program was organized by the III year BAMS. Batch and Student council Committee members - Dr. Sheetal Rasane (Committee Head), Dr. Jyotsna Yadav (cultural Incharge), Dr. Yadunath Waykole (cultural Incharge) and Dr. Amar Kamble (Sports Incharge).



International Conference on Ayurveda 2019



The international conference was organized by Dr. D. Y. Patil College of Ayurved and Research Centre, Pimpri, Pune and International Academy of Ayurveda, Pune on Research in Ayurveda, from 19th to 20th Oct 2019 at Dr. D. Y. Patil Medical College Auditorium, Pimpri, Pune. The conference was conducted under the guidance of- Hon. Dr. P. D. Patil (President, Dr. D. Y. Patil Vidyapeeth Society, Chancellor, Dr. D. Y. Patil Deemed University, Pune), Hon. Mr. Bhagyashree Patil (Vice President, Dr.

Society, Pune), Hon. Dr. Smita Jadhav (Trustee, Dr. D. Y. Patil Deemed University, Pune), Prof. Dr. N. J. Pawar (Vice-chancellor, Dr. D. Y. Patil Deemed University, Pune), Dr. A. N. Suryakar (Registrar, Dr. D. Y. Patil Deemed University, Pune), Prof. Dr. B. P. Pandey (Adviser, Dr. D. Y. Patil College of Ayurved and Research Center, Pune), Prof. Em. Subhash Ranade (Chairman, International Academy of Ayurved, Pune), Dr. Sunanda Ranade (Vice-Chairman, International Academy of Ayurved, Pune) Prof. Dr. Gunvant Yeola (Principal, Dr. D. Y.



Patil College of Ayurved and Research Center, Pune, Director, International Academy of Ayurved, Pune), Dr. D. G. Dipankar (Organizing Secretary, Prof. Kayachikitsa, Dr. D. Y. Patil College of Ayurved and Research Center, Pune), Dr. Mandar Bedekar (Director and Senior Faculty International Academy of Ayurved, Pune) and Dr. Jose Ruge (President, Suddha Dharma Mandal, Brazil) The inauguration was done on 19th Oct 2019 at 11.30 am by Prof. Vd. K. S. Dhiman (Director General CCRAS, New Delhi). Prof. Vd. K. S. Dhiman also delivered the keynote address. In his inaugural speech, he mentioned research scopes in Ayurveda. He also spoke about the functioning of CCRAS and the various upcoming medicines for non-communicable diseases. Prof. Dr. M. S. Baghel (Ex. Director of IPGT&RA, Jamnagar, and Ex. Ayurveda Chair, University of Debrecen, Hungary), Dr. N. Srikanth (Deputy Director-General CCRAS, New Delhi), Prof. Dr. Anup Thakar (Director of IPGT&RA, Jamnagar), Dr. Asmita Jagtap (Trustee and Research Director, IRSHA, Bharati Vidyapeeth, Pune), Prof. Dr. Ramesh Bhonde (Research Director, Dr. D. Y. Patil Vidyapeeth, Pune), Prof. Dr. Supriya Bhalerao (PG Dip In Bioethics), Mr. Ranjit Purnanik (Chief Executive Officer at Shree Dhootpapeshwar Limited), Dr. Gurudatta Amin (Madhavbaug), Dr. Rajata Sharma and Mr. Anuj Kumar (Maharishi Ayurved Pharmacy, New Delhi) were the renowned keynote speakers for plenary session. 401 National and 35 International delegates participated in this conference including PG Scholars, Ph.D. Scholars, academicians, and researchers. Delegates came from Maharashtra, Karnataka, Gujarat, and Goa.



A total no of 152 papers and 16 posters were presented in the parallel session. The topic for presentations was Women's health and hormonal imbalance, lifestyle and metabolic disorders, autoimmune diseases, neurological and musculoskeletal disorders, cardiovascular disorders, nutraceuticals for a disease-free society. Plenary sessions for all delegates were conducted in the auditorium and parallel sessions were conducted in 4 different halls. The program was scheduled from 9.30 am to 6.00 pm followed by a cultural program and dinner on 19th Oct 2019.



On 20th Oct 2019 it was scheduled from 9.30 am to 5.00 pm followed by Valedictory function The conference was organized to bring to light the time tested knowledge of Ayurveda with the help of Research to showcase the effectiveness of Ayurveda towards fulfilling the human pursuits. All participants gave very positive feedback. Conference ended on a positive note.

4th National Ayurveda Day



The 4th National Ayurveda Day on the occasion of Dhanawantari Jayanti (Dhanatrayodashi) was celebrated on 25th October 2019 in Dr. D. Y. Patil College of Ayurved, Hospital & Research Centre, Pimpri, Pune 18, as directed by the Ministry of AYUSH, New Delhi. This year's theme for the National Ayurveda Day was "Ayurveda for Longevity". Objectives of the Ayurveda Day :

1. To focus on the strength of Ayurveda, i.e. prevention of diseases, which will help to improve overall public health, thereby achieving longevity along with health.

2. To propagate Ayurveda in society and

highlight its importance in maintaining well-being. Inauguration of the program was done by Dr. Bhrigupati P. Pandey (Advisor, Dr. D. Y. Patil College of Ayurved, Hospital & Research Centre, Pimpri), Dr. Gunvant Yeola (Principal, Dr. D. Y. Patil College of Ayurved, Hospital & Research Centre, Pimpri) and Dr. Prashant Khade (Vice Principal, Dr. D. Y. Patil College of Ayurved, Hospital & Research Centre, Pimpri). The program began with an introductory speech of Dr. Yogesh Kutte on the importance of Dhanatrayodashi and the various activities arranged in the College premises on the theme. Dr. Gunvant Yeola elaborated on the unique role of Ayurveda in achieving longevity. Dr. Prashant Khade briefed about Hospital facilities like Panchakarma, Kriya Kalpa, etc which are serving various patients and people for gaining health as well as longevity.



Dr. B. P. Pandey in his concluding speech spoke about the overall importance of Ayurved and its role in achieving health as well as longevity in today's era.

All the departments of the college participated in the celebration by arranging stalls in the college campus area which focused on various concepts of the Ayurveda for maintaining well-being and achieving longevity. Department of Panchakarma made a presentation on achieving longevity by poster presentation, the demo of Panchakarma models. Rasashastra and Bhaishajya Kalpana gave the message of achieving longevity through Pathya Diet (Healthy Diet) viz Mudga Yush, Burhan Kalpa, etc and also served the pathya diet and demonstrated the recipe of the same. Kayachikitsa department highlighted the importance of various Rasayana in maintaining well-being and thus achieving the longevity through the posters and briefly elaborated them to the visitors.

Other departments like Shalakya Tantra, Shalya Tantra, Kaumarbhritya, Sharira Kriya, Samhita Siddhant, Rog-Nidan Evum Vikruti Vidnyana, Agad Tantra highlighted their role in the principles of Ayurveda for achieving longevity through various posters and demonstration of models. The celebration of the 4th National Ayurveda Day helped for the propagation of Ayurveda in the society and highlighted its role for attaining 'Deerghayu' means Longevity along with well-being.



SHALACON 2019

A National conference and Surgical camp on squint 'SHALACON 2019' was organized from 8th November 2019 to 10th November 2019. This National Event was Organized by **ShalakyaTantra Department** of Dr. D. Y. Patil College of Ayurved and Research Centre, Pimpri, Pune in association with Netraseva Pratisthan and Lions Club District - 3234D2 Pune.

The Theme of Conference was to impart advanced knowledge of squint detection, assessment, and management from eminent Ophthalmic Surgeons and Faculties. Total of 72 delegates were present for the conference. The First Day of the Conference included Scientific sessions and Screening and assessment of Squint patients.



The Conference started with the scientific sessions in which Dr. Pallavi Jagtap and Dr. Nutan Radaye were the Resource Persons for the first plenary session. They talked over Applied Anatomy of extra-ocular muscles and classification of squint and Importance of early detection and squint treatment respectively.

In the second plenary session, Dr. Anupama kamble, Dr. Anand Kale and Dr. Santosh Rahinj talked over Non-surgical management of squint, Ayurvedic perspective of Squint and Anesthesia in squint respectively. In the last plenary session, Dr. Sachin Gade and Dr. Parash Shah talked over the preoperative assessment of squint and Steps in Squint surgery.

All the sessions were interactive and Live demonstrations given by Dr. Paras Shah. Anchoring for all sessions was done by Dr. Yogesh Kutte.

The Inaugural Function was graced by Respected Dr. N. J. Pawar (VC, Dr. D. Y. Patil Vidyapeeth), Dr. Suryakar (Registrar, Dr. D. Y. Patil Vidyapeeth, Dr. B. P. Pandey (Advisor, Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune), Dr. Madhusdan Zamwar, Dr. D. P. Puranik, Dr. G. H. Yeola (Principal), Dr. Khade (Vice Principal).

Dr. Nilima Amrute gave a welcome speech. Anchoring for Inaugural function was done by Dr. Pallavi Jagtap. Dr. Shiralkar gave the vote of thanks. Later in the evening session, screening of 60 Squint Patients was done by Dr. Zamwar, Dr. Shah and Dr. Lahore. Again, this session was very interactive and all doubts of delegates were cleared by the eminent ophthalmic surgeons.

On the 2nd day of the Conference, total 56 eyes of 33 squint patients were operated in the Operation Theatre of Dr. D. Y. Patil Ayurved Hospital, Pimpri, Pune.

Dr. Jayashree Patil, Dr. Pallavi Jagtap, Dr. Santosh Rahinj, Dr. Abhijit Ghadge, and Dr. Sachin Bhagwat worked hard for the smooth functioning in the Operation Theatre and to avoid any complications during squint surgeries. On the other hand, the Delegates enjoyed an audiovisual display of all surgeries and directly interacted with the operating surgeons during surgery. Dr. Amrute, Dr. Anand Kale helped with the Audiovisual communication of delegates with surgeons'. On the last day of the conference (10th November 2019) the Postoperative assessment of Squint patients was done by the surgeon's team. All the operated patients and their relatives were very happy and satisfied with the correction of the squint eye. Positive and overwhelming feedback given by Patients brought tears in the eyes of the organizers. Delegates for the conference and workshop were satisfied with the lecture series and the knowledge gained. The Valedictory function started at 11 am onwards. Dr. Paras Shah, Mr. Omprakash Pethe, Mr. Satish Desai, Mr. Kailas Mulik, Mr. Friedy Godrej were present for this function. Valedictory speech was given by Dr. Mayur Shiralkar. Certificates were distributed to all the delegates.



World Diabetes Day



staff, 33 PG Scholars, 29 Non Teaching staff and patients.

World Diabetes Day is the primary global awareness campaign focusing on a theme related to Diabetes Mellitus and is held on 14th November 2019 each year since 1991. Type -2Diabetes is a lifestyle disorder, largely preventable and treatable non-communicable disease which is rapidly increasing in numbers worldwide. Type-1 Diabetes is not preventable but can be managed with insulin injections. According to Ayurveda, Diabetes can be correlated with Madhumeha which is one amongst 20 types of Prameha. The Ayurvedic management of Prameha emphasizes on dietary and lifestyle recommendations and Ayurvedic medicines along with Panchakarma therapy, in accordance with the Psycho-physiological constitution of the patient. On the occasion of World Diabetes Day, Diabetes Awareness programme conducted by the Department of Kayachikitsa on 14 /11/2019 at 11:30 am. On this occasion, various students & faculties guided about Diabetes and Prevention of Diabetes Dr. Vaibhav Salunkhe (PG Scholar), delivered lecture on modern etiological factors, signs and symptoms, regular checkups, prevention and management of Diabetes. Dr. Rachita Janerao (PG Scholar), delivered lecture on Ayurvedic etiological factors, signs and symptoms, Pathya Apathya and Ayurvedic management of Madhumeha. Prof. Dr. Digambar Dipankar, delivered lecture on Ayurvedic management of Madhumeha. Dr. Prashant Khade, Vice Principal, delivered lecture on Hetu, Purvaroop, Roopa, Pathya, Apathya and Chikitsa of Madhumeha. Dr Gunvant Yeola, Principal & HOD (Kayachikitsa), delivered lecture on dietary and lifestyle recommendations, Ayurvedic medicines, regular Panchakarma therapy along with modern medicines which will help to reduce dose of medicines accordingly. This Diabetes Awareness Programme has been attended by 83 persons including 21 Teaching



Guest Lecture on “World Piles Day”



On the occasion of “World Piles Day” on 20th November 2019, Department of Shalyatantra conducted a diagnostic Anorectal camp from November 10th. During this camp, we evaluated and treated 56 cases of Anorectal diseases conservatively and surgically. Concluding the camp on 20th November, we arranged guest lecture on proctology on the occasion of World Piles Day.

Chief guest of inauguration function was Dr. Shahaji Chavan (Prof. and HOD Department of Shalyatantra, Dr. D. Y. Patil Medical College, Pimpri). The guest speaker was Dr. Mahesh Sanghavi (President of Association of Proctology, Mumbai). The session was chaired by Dr. L. R. Soni (Prof. and HOD Department of

Shalyatantra, Yavatmal), The dignitaries present for inaugural ceremony were advisor Dr. B. P. Pandey, Principal Dr. G. H. Yeola, Vice Principal Dr. Khade, Dr. N.S. Chandurkar, Dr. P. B. Jondhale H.O.D, explained the theme of the occasion.

Inauguration ceremony & Academic session was hosted by Dr. Kiran Mendhekar & Dr. Priyanka Patil. Conclusive session by Dr. Archana Kukade Shinde. The guest lecture was delivered by Dr. Mahesh Sanghavi on the advance modalities in Proctology. Demonstrative session & videos of operated surgery was presented by Lasotronix. Vote of thanks speech was delivered by Dr. Sanjay Babar and the program ended with National Anthem.

Total of 85 participants were present for this guest lecture.



Guest Lecture Organized by Vishakha Committee



Guest lecture was organized by Vishakha Committee our college on the topic “Protection of women under domestic violence act 2015.” Lecture was delivered by Adv. Padamaja Kathikar. 126 delegates Viz. students (UG & PG), teaching faculty, non teaching and hospital staff were present for this lecture. Lecture was focused on following points.

1. To increase awareness of woman domestic violence.
2. Right of women and legal provisions.
3. How to become physically & mentally strong enough against domestic violence.

After speech of expert many participants asked questions and were answered by expert appropriately. Programme was concluded with vote of thanks by Dr. Jayashree Changade. (In-charge of Vishakha Committee).



Celebration 70th Constitution Day

70th Constitution Day Celebrated at Dr. D. Y. Patil College of Ayurved & Research center, Pimpri, Pune, with Pledge taken by all teaching, non-teaching staff and students of the college. The Government of India declared 26 November as Constitution Day which has a Unique historical significance. Dr. D. Y. Patil College of Ayurved and Research center, Pimpri, Pune, celebrated the Indian Constitution Day in presence of Advisor Hon Dr. B. P. Pandey, Principal Dr. Gunvant Yeola and Vice Principal Dr. Prashant Khade. Principal Dr. Gunvant Yeola addressed the importance of constitution day, & fundamental rights. And also about Dr. Babasaheb Ambedkar's major contribution for making Indian Constitution. On this occasion of 'Samvidhan Diwas' Pledge is



taken by all Teaching, non-teaching staff, PG and UG students which included Independence, equality, justice, brotherhood and democracy.



Dr. D. Y. Patil college of Ayurved and Research center, Pimpri, Pune, arranged today's lok sabha live telecast for entire staff & students. The live session included Hon. PM Narendra Modi along with Vice President & President of India. PM Narendra Modi expressed his thought regarding

responsibilities of our Indian citizen towards the nation. He also mention about the Mumbai attack which took place on 26-11-2008. Vice President addressed the citizen regarding their duties towards nation. Anchoring of programme was done by Dr. Shital Rasane and at the end Dr. Ojada Pol. expressed vote of thanks.



Visit to Rajiv Gandhi Snake Park



An educational visit at Rajiv Gandhi Snake Park, Katraj, Pune was arranged by department of Agadtantra of Dr. D. Y. Patil College of Ayurved & Research Centre Pimpri, Pune -18 on 28th - 29th of November, 2019. Two faculty members, Dr. Arati Shinde and Dr. Shubhangi Karanje of Agadtantra Department, 96 IIIrd year BAMS students and 3 P.G students were present for this visit. Mr. Shirke (Asst. Director, Katraj Snake Park) delivered a lecture covering all the topics related to snakes to UG and PG students. The lecture was truly, in all aspects, a knowledgeable one and the students too gained useful

information about identification of snakes, difference between venomous and non-venomous snakes & various topics related to snakes.

Guest Lecture on Leprosy



ROG NIDAN & VIKRITI VIGNYAN department of Dr. D. Y. Patil College of Ayurveda and Research Centre, Pimpri organized Guest Lecture on 29/11/2019. The Program was inaugurated by the guest speaker DR. DNYANDEO SABLE in presence of respected Vice- Principal Dr. Prashant Khade and H.O.D. Dr. V. N. Joshi The main motto of organizing this GUEST LECTURE was to encourage PG and UG students to understand Leprosy. The expert DR.DNYANDEO SABLE elaborated how to diagnoses Leprosy. Well, explanation of important signs and symptoms with patients actual photographs was presented. All the 86 (eighty-six) participants were blessed with excellent knowledge. Dr. Dnyandeo Sable. is Senior leprosy officer in P.C.M.C.& Y. C. M. Hospital. Pimpri Pune. In this lecture 86 participants (II year UG) PG students were joined from various departments of our Ayurveda College. This GUEST LECTURE was made successful by the presence of U.G., P.G. students, Faculties. This GUEST LECTURE was organized with the help of P.G. students of ROG NIDAN & VIKRITI VIGNYAN department under the guidance of –The Principal Dr. G. H. Yeola. and Dr. Prashant Khade- Vice Principal, HOD of ROG NIDAN & VIKRITI VIGNYAN Dept. Dr. V.N. Joshi, Dr. Shirke, Dr. Mane, Dr. Udmale, Dr. Rohani.



Mahawalkathon



Centre, Pimpri, Pune - Dr. Prashant Khade (Vice Principal), Dr. Amar Kamble, Dr. Mangesh Udmale, Dr. Anand Kale, PRO Bharati Marathe, NSS unit, and Student council committee supported the

students for this event under the guidance of Dr. Gunvant H. Yeola (Principal). The event was celebrated enthusiastically with grand success & served the purpose as well.



CME on Kriya Sharir



The CME programme was held from 2nd December to 7th December 2019 at the 4th Floor classroom of D.Y. Patil College Of Ayurved & Research Centre, Pimpri, Pune. The programme was managed by organizing committee members with the support of management. Organizing committee members includes 1. Dr. Smita Kadu, Chairman of CME and HOD kriya-sharir Department, 2. Dr. Sheetal Roman Coordinator of CME and Associate Professor of Kriya Sharir department 3. Dr. Krishna Deshpande , Associate Professor of Kriya Sharir

department 4. Dr. Sahadas Aradhya, Assistant Professor of Kriya Sharir department 5. Dr.Dushyant Patil Assistant Professor of Kriya Sharir department and 6. PG scholars of Kriyasharir Department

The Programme started on 2nd December 2019 at 9.00 am with the registration of all the trainees. First session of Dr. Bangarwar on 'Prakriti' was the beginning of the training programme. Inaugural function of CME started after 1st session at 10.30 am. Dr. Krishna Deshpande, welcomed the dignitaries on the Dias Hon. Dr. N. J. Pawar- Vice Chancellor DPU, Hon. Dr. Smita Jadhav- Trustee & Executive Director DPU, Hon. Dr. A.N. Suryakar- Registrar DPU , Resp. Dr. G.H.Yeola- Principal, Dr. D.Y.Patil College of Ayurved, Dr. P.



A. Khade- Vice Principal, College of Ayurved, Dr. C. Bangarwar –Principal & HOD, Prakash institute of Ayurved Jhajhar UP, All the trainees & teaching –non teaching staff of Dr. D. Y.Patil College of Ayurved. Programme started with Dhanvantari Poojan & Stavan. After the felicitation programme, organizing secretary of CME Dr. Smita Kadu delivered the welcome address. Felicitation of the trainees was done on the behalf of Dr. D.Y. Patil College of Ayurved & Dr. D. Y. Patil Vidyapeeth. Resp. Dr. G. H. Yeola and Hon. Dr. N. J. Pawar gave valuable guidelines regarding Kriya Sharir, New teaching methodologies and challenges to teachers. Coordinator of CME Dr. Sheetal Roman delivered a vote of thanks. CME Programme was conducted as per the schedule for 6 days.

Sr.No	Date	Session	Name of Resource Person	Topic
1.	02/12/2019	9.30AM to 12.30 PM	Dr.Chandrashekhar Bangarwar	i) Prakriti ii)Shatkriyakala
		01.15PM to 4.30 P M	Dr. Kalpana Sathe	i) Physiological Doshas ii) Indriya
2.	03/12/2019	9.30AM to 12.30 PM	Dr. Anura Bale	i) Dosha vriddhi ii) Ojas
		01.15PM to 4.30 P M	Dr. Kishor Patwardhan	i) Biorhythm & Tissue Engineering ii) Genitourinary System
3.	04/12/2019	9.30AM to 12.30	Dr. Dhimdhime Ravindra	i) Dhatu and Upadhatu

		PM		ii) Grahani
		01.15PM to 4.30 P M	Dr. Laxmikant Joshi	i) Srotas ii) Dosha kshaya
4.	05/12/2019	9.30AM to 12.30 PM	Dr. Kavita Indapurkar	i) Manasa prakriti ii) Manas guna
		01.15PM to 4.30 P M	Dr. Jasvinder Kaur	i) Dhatuposhan ii) Concept of Mala and Kleda
5.	06/12/2019	9.30AM to 12.30 PM	Dr. C. R. Yadav	i) Dhatwagni, Bhutagni ii) Darshana, Dashavidha Pariksha
		01.15PM to 4.30 P M	Dr. Deepa Kale	i) Assessment of dosha, dhatu, mala ii) Assessment of dosha, dhatu kshaya
6.	07/12/2019	9.30AM to 12.30 PM	Dr. A. P. S. Chauhan	i) Physiology of Special States ii) Spirometry
		01.15PM to 4.30 P M	Dr. Sarita S. Bhutada	i) Characters of body ii) Dhatu Sarata

Valedictory function was conducted on 7/12/19 at 4.15 pm. Dr. Sahadas Aradhya, Assistant Professor of Kriya Sharir department welcomed Respected advisor Dr. B.P.Pandey, Respected Principal Dr. G. H. Yeola, Vice principal Dr. P. A. Khade , HR Mrs. Varsha Narle & the Trainees in the valedictory function. Representatives of trainees - Dr. Vishal Patil, Dr. NR Navoday Raju, Dr. Anupama Hiremath & Dr. Manasi Nimbalkar expressed their views regarding the programme. Dr. G. H. Yeola and Dr. B. P. Pandey gave valuable guidelines. At the end Dr. Sheetal Roman delivered a vote of thanks.



Educational Tour

Report of One-day Educational tour to Mulshi-Tamhini Ghat for 2nd Year BAMS Students



The Department of Dravyaguna, Dr. D. Y. Patil College of Ayurved & Research Centre, Pimpri, Pune – 18, organized an educational tour to Mulshi-Tamhini Ghat on 7/12/2019. This educational tour (Field visit) is a part of the II nd Year BAMS Curriculum.

Dr. Nilima Ghangale (Reader), Dr. Abhijeet Shirkande (Lecturer) and Dr. Harsha Thanvi (Lecturer) from Dravyaguna department guided the students. A total 84 students of 2nd BAMS were present for the tour along with 5 PG students of Ist and IInd year and Deepak Raut (College Gardener). More than 200 medicinal plants along with some rare species were identified during the tour & some specimens were also collected. Some wild species which were identified are: *Pogostemon parviflorus*, *Lia indica*, *Aspidium cicutarium* (Kombadnakhi), *Solanum indicum*, *Lucas*

cephalotus (Dronpushpi), *Spilanthus uligilosa* (kkalkara species), *Zinziber chrysanthum* (Raan adrak), *Lobelia nicotianifolia* (Raan Tambakhu), *Daankenu*, Wild ginger, *Blumia balsmiphera* (kapur tulasi), (Daatpadi) *Rametha*, Baman plant, *Indravaruni*, *Snigdhadandi*, *Sida acutangularia*, *Akarakarabh* species, *Murva bheda*, *Kradu* plant, etc.

Overall, the tour was very enthusiastic & informative.



Report of World Human Rights Day

World Human Rights Day was celebrated in Dr. D Y Patil College of Ayurved and Research Centre Pimpri, Pune, on 10th December 2019. 10th December is celebrated as Human Rights Day to honor the UN's general assembly adoption and proclamation of the UDHR, the first global enunciation on Human Rights. It was organized by NSS unit of our college. To mark this occasion Advisor Hon. Dr. B. P. Pandey, Principal Dr. Gunvant Yeola, Vice Principal Dr. Prashant Khade, teachers, non-teaching staff and students were



present. The programme started at 11 a.m. Anchoring was done by NSS students coordinator Miss. Anushri Soni. Dhanvantari prayer was sung by 3 girls of 2nd year followed by a speech given by General Secretary Miss. Aditi Dutia and Co-General Secretary Miss. Aakriti Varier. Principal Sir Dr. Yeola gave speech. In his speech he explained about the importance of Human Rights, equality and

freedom. The speech included various articles enlisted in constitution and several laws which were passed by Indian government to preserve the rights of Indian citizen. The programme was ended by a vote of thanks given by Anushri Soni. After the programme there was a rally to create awareness about Human Rights. Posters and banners were displayed in the rally by students. Students as well as faculty members participated in the rally. Around 100 students took part in rally. Rally started from the college gate and was for 3 km. The event was enthusiastically celebrated and was a great success.



Free Health Checkup Camp



A Half Marathon was organized by Bajaj Allianz, at Shree Shivchattrapati Sports Complex, Baner - Mahalunge Road, Balewadi, Pune on 22nd December 2019.

Dr. D. Y. Patil Ayurved Hospital & Research Centre, Pimpri, Pune -18 arranged a free health checkup stall for athletes and all other people who attended the event.

The details of the activity are as follows -

- Around 250 people visited the stall & information about various treatment facilities, Ayurvedic therapies and Panchkarma provided by the Hospital was given to them.
- Basic Checkup like Blood Pressure, Nadiparikshn etc. was done by consultants & visiting people were also given general health advice.
- Pamphlets containing information of Ayurved hospital were distributed.
- Aarogyawardhak kashaya (Health promoting Decoction) was given to visiting people.
- The feedback for the stall was positive and it was observed that many people were interested in visiting Dr. D. Y. Patil Ayurved Hospital & Research Centre, Pimpri, Pune - 18.
- The list of camp attendees is as follows -

Sr.No	Name	Designation
1	Dr.Sahadas Aaradhye	Consultant
2	Dr. Rajashri Shinde	Marketing Coordinator
3	Mrs. Bharti Marathe	P.R.O.
4	Mr. Ganesh Jadhav	Attendant
5	Mr. Balasaaheb Bhingare	Pharmacy Clerk



Guest Lecture on International Career Guidance

Total 108 student were present for Guest Lecture on “International Career guidance” Dr. D. G. Dipankar introduced our Alumni student Dr. Sandeep Medhe. Dr. Sandeep Medhe explored his journey to Harvard University & University of Global Health Equity, Rawanda, East Africa. He told that, any graduate from Ayurveda faculty can reach to this university by doing extraordinary work in health care. He motivated the students to do work on health inequity in India. He also guided about courses offered by various foreign Universities regarding health care. Dr. Abhijit Shekhar concluded the meeting with vote of thanks.

